

COMMUNITY CRISIS RESOURCES					
AGENCY NAME	WEBSITE	OFFICE PHONE	AGES	ADDRESS	
National Suicide Hotline		988 (call or text)	All	NA	
Helen Ross McNabb Family Walk In Center		865-257-9982	0-17	5646 Merchants Center Blvd. Knoxville, TN 37912	
Helen Ross McNabb Adult Walk In Center		865-541-6958	18 and up	5302 Ball Camp Pike Knoxville, TN 37912	
Helen Ross McNabb Mobile Crisis Unit		865-539-2409		They come to you!	
COMMUNITY RESOURCES FOR COUNSELING					
AGENCY NAME	WEBSITE	OFFICE PHONE	AGES	ADDRESS	
Helen Ross McNabb Outpatient Services	www.mcnabbcenter.org	1-800-255-9711		600 Arthur Street Knoxville, TN 37921	Innsured Provider
Peninsula Outpatient Services	www.peninsulabehavioralhealth.org	865-970-9800	All	1451 Dowell Springs Blvd. Knoxville, TN 37909	
Cherokee Health Systems	www.cherokeehealth.com	1-866-231-4477	3-18	Multiple Locations	Innsured Provider
Vine Clinic	www.vineschoolhealthcenter.org	865-594-5078		220 Langland St. Knoxville, TN 37915	
Next Step Behavioral Health	www.thenextstepbh.com	865-338-5384		9041 Executive Park Dr. Knoxville, TN 37923	
Omni Community Health	www.theomnifamily.com	1-877-258-8795	All	Multiple Locations	
Health Connect America	www.healthconnectamerica.com	865-247-7045	0-18	5743 Western Avenue Knoxville, TN 37921	
All Ages Counseling	www.allagescounselingtn.com	865-523-9163	All	816 E Oldham Avenue Knoxville, TN 37917	
Axiom Associates	https://www.groupaxiom.com/	865-525-1099	All	108 W Summit Hill Drive Knoxville, TN 37902	
Bearden Beahavioral Health	https://www.beardenbehavioralhealth.com/	865-212-6600	All	162 D Market Place Blvd Knoxville,TN 37922	
Knoxville Behavioral & Mental Health Services	https://knoxbehavioral.com/	865-206-7055	All	150 Fox Rd. Knoxville, TN 37922	
Knoxville Counseling Services	https://www.knoxvillecounselingservices.com/	865-247-4431	All	Multiple Locations	
Insightful Journey	https://insightfuljourneytherapy.com/	865-290-0211		9111 Cross Park Drive, Suite E-285 Knoxville, TN 37923	
Haven Counseling Center	https://www.havencounselingcenter.com/	865-409-5001		305 Westfield Road Knoxville, TN 37919	
LifeStance Health (previously Healthy Minds)	https://lifestance.com/	865-281-1408		Multiple Locations	
Knox Therapy Center	https://knoxtherapycenter.com/	865-657-7357		7417 Kingston Pike Suite 106 Knoxville, TN. 37919	
Thriveworks Counseling	https://thriveworks.com/	678-990-2514		320 N Peters Rd Suite C Knoxville, TN 37922	
Within Holistic Counseling	https://withinholisticcounseling.com/	865-297-5077		200 Midlake Ave, Ste C Knoxville, TN 37918	
Charlie Health	https://www.charliehealth.com/	866-491-5196	11-33	Remote	
Life Connections Counseling	https://www.lifeconnections-knox.com/#	865-888-5818		408 North Cedar Bluff Road Knoxville, TN 37923	
Jones Family Counseling	https://jonesfamilycounseling.com/	865-392-5225		123 Centerpark Drive Suite 106 Knoxville, TN 37922	
Ebenezer Counseling Center	https://www.ebenezercounseling.com/	865 670-0988		Multiple Locations	